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# Environmental Justice: Grassroots Movements for Change

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## ABSTRACT

This paper examines the vital role of grassroots movements in advancing the goals of environmental justice (EJ), a movement grounded in the fair distribution of environmental benefits and harms and meaningful participation in environmental decision-making. Drawing from the civil rights movement, Native American activism, and anti-toxics campaigns, environmental justice emerged as a response to the systemic marginalization of low-income communities and communities of color, which are disproportionately burdened by environmental hazards. The study examines key concepts in EJ, emphasizing race, class, gender, and intersectionality, and provides a historical overview of the movement's evolution in the United States. Through analysis of grassroots efforts, successful case studies, community organizing practices, and the transformative impact of social media, this paper highlights the significant achievements and continuing challenges faced by EJ advocates. Despite obstacles such as limited funding, political marginalization, and institutional resistance, grassroots organizations remain powerful agents of change. They reshape policy, elevate marginalized voices, and offer sustainable pathways for environmental and social reform. Ultimately, grassroots environmental justice activism is not only a tool for community empowerment but also a critical mechanism for democratizing environmental governance and resisting structural inequities.

**Keywords:** Environmental Justice, Grassroots Movements, Environmental Racism, Community Organizing, Social Media Activism, Environmental Policy.

## INTRODUCTION

Environmental justice (EJ) embraces a political and social movement seeking the equitable distribution of environmental harms and benefits, along with meaningful participation in the processes shaping those outcomes. It challenges a prevailing society-wide ethos that certain places and people can be sacrificial zones for the consumption and disposal practices of others. The roots of EJ include the civil rights movement, Native American efforts opposing large-scale projects, the traditional environmental movement, and grassroots anti-toxics campaigns that melded activism on issues of race, class, and community empowerment. The movement reached national prominence in the United States during the late 1980s and early 1990s. Numerous studies demonstrate that environmental harms tend to be disproportionately located in low-income communities and communities of color. Investigations indicate that race, in particular, remains the most significant explanatory variable after controlling for other economic and political factors. Research consistently reveals that the clustering of noxious facilities is not simply explained by the migration of certain groups after siting decisions are finalized, but that race and class characteristics of a community help determine whether a facility is sited there. Ongoing mobilization around EJ issues has contributed to the establishment of new policy commitments and institutional reforms designed to enhance participation and make environmental risk management more protective of vulnerable communities. Grassroots movements provide a particularly sharp prism for understanding the dynamics of EJ activism [1, 2].

### Historical Context of Environmental Justice

The U.S. environmental justice movement is rooted in the civil rights movement, Native American organizing, and the anti-toxics movement of the 1980s. National awareness grew in 1987 after the United Church of Christ's report, "Toxic Wastes and Race in the United States," which revealed how race affects

the siting of hazardous waste facilities. Grassroots initiatives in the late 1980s created networks advocating for environmental equity and led to the 1991 First National People of Color Leadership Summit, producing the “Principles of Environmental Justice.” Subsequent studies showed environmental harms are often found in low-income neighborhoods and communities of color, with race as a key factor. This politicization fosters new environmental discourses that challenge traditional approaches. Marginalized community members gain more influence in policy, allowing them to transform injustices into calls for social reform. The shift towards community-oriented politics signals a pivotal moment in the fight against environmental injustice, expanding the reform agenda and enhancing prospects for extensive change. Equal access to decision-making will be crucial for the movement's evolution, with the reform of siting policies being essential for progress. Overall, the environmental justice movement represents a significant grassroots activism wave, effectively bringing the needs of communities of color into policymaking [3, 4].

### **Key Concepts and Definitions**

Environmental justice represents an essential principle asserting that every individual and community has the right to equal protection under environmental and public health laws, as well as equitable access to the decision-making processes that shape their environment. This includes a commitment to fairness and equality, regardless of factors such as race, nationality, income level, cultural background, or educational attainment. Communities that find themselves marginalized both politically and economically are disproportionately impacted by environmental hazards and often lack the capacity to engage effectively in the crucial decision-making processes that dictate the development and exploitation of natural resources in their areas. Grassroots movements advocating for environmental justice are typically comprised of community-led organizations dedicated to confronting and addressing the issues of environmental racism and the class-based inequities evident in how hazardous wastes, practices, and facilities are distributed and managed. These organizations also tackle the negative repercussions of various environmental policies and practices that disproportionately affect vulnerable populations. They adopt a range of methods and strategies to combat these environmental injustices, striving to promote sustainable development and ensure that equity is at the heart of environmental policy and decision-making. The following examples illustrate the extensive scope, notable diversity, and remarkable dynamism inherent in the ongoing struggles for environmental justice across the globe. These cases spotlight the vital work being done by community-based organizations that endeavor to foster equitable environmental practices and policies that prioritize the well-being of all communities, especially those that have historically been overlooked or marginalized [5, 6].

### **Grassroots Movements Overview**

Grassroots movements form the practical arm of environmental justice agencies and organizing networks. They aim to alter relationships of power, imagination, and capital while embodying principles of environmental justice in and through everyday activities. Operating in communities subjected to distributive inequities and facing institutional oversight, these movements utilize protest and contingent consent to challenge the legitimacy and institutional capacities that sustain environmental injustice. However, a movement's power is ultimately reconstituted and unevenly redistributed within the network that supports it. Contrary to widespread assumptions of disorganization, grassroots groups tend to be small, tightly structured, and hierarchically accountable. Grassroots environmental justice movements have achieved discursive closure: environmental justice is now widely recognized as a valid political perspective and increasingly embraced by governments, national organizations, and international forums. Activists attribute this success to the effectiveness of grassroots organizing and insist on tightly circumscribed goals, highlighting the distinctive qualities of grassroots organizations [7, 8].

### **Case Studies of Successful Movements**

Grassroots environmental justice mobilization has led to significant achievements in places like Chester, Pennsylvania; Panther Hollow, Pennsylvania; Warren County, North Carolina; Afton, Virginia; and Cairo, Illinois. Residents have successfully challenged hazardous waste-siting decisions, blocked new facility constructions, and secured cleanups at polluted sites through community initiatives. These struggles showcase the local power that residents can wield to influence land-use decisions and enhance environmental quality and socioeconomic conditions. The movement has also fostered innovative political and cultural discourses, paving the way for social and environmental change. Courts are beginning to recognize the multidimensional harms faced by marginalized communities, even if they remain hesitant to allow recovery solely on these grounds. Community activists are now actively participating in policymaking processes that affect the most affected neighborhoods. The potential for these local organizations to unite and push for a broader agenda for environmental and social justice persists. Chester exemplifies this issue, where toxic exposures linked to various facilities intersect with established

patterns of racial and class oppression, perpetuating inequality. Environmental injustice arises not just from distribution issues but also from broader social relations shaped by historical and contemporary sociopolitical factors. Problems stem from decision-making processes that create such conditions. Tackling these challenges requires re-evaluating siting criteria and participatory mechanisms, alongside enhancing public involvement in communities like Chester. Strengthening community advocacy is crucial to integrating local environmental concerns into policy and decision-making [9, 10].

### **Role of Community Organizing**

Grassroots movements are increasingly influential in combating social and environmental injustice globally. Community organizing is essential for achieving many environmental justice wins. Smaller, resource-limited groups often work in coalitions, making effective tactics that welcome new allies and mobilize quickly crucial. Community organizing allows citizens to come together to improve their lives and addresses structural injustices. For millions of self-identified activists, grassroots mobilization is a way to act on their beliefs collaboratively. Strong movements require ongoing participation, motivation, and quality leadership, all of which community organizing supports. It boosts political efficacy, enhances understanding of environmental and social issues, and promotes local leadership development, making it vital for sustained social change across various regions. Organizations lacking community organizing will soon lose their activist momentum [11, 12].

### **Impact of Social Media on Grassroots Activism**

Grassroots activism is the lifeblood of any democratic system. The rise of social media has drastically expanded the potential reach and effectiveness of these groups and broadened the range of local to global concerns that can be raised and addressed. Events such as the Arab Spring, Occupy Wall Street, Hong Kong protests, Black Lives Matter, and #MeToo demonstrate the significance of digital activism for social justice movements, including those addressing environmental justice. The transition from print to digital media has affected the pace of mobilization, coordination, collective action frames, and sentiment in social movements and individual protests focused on environmental justice. The ability to harness the power of social media can open new avenues in the ongoing struggle against environmental injustice. Digital platforms enable widely dispersed individuals to connect for grassroots politics; these actors coordinate protest activities, broadcast views, and shape perceptions of collective action. Social media activism largely complements more traditional forms of effective community organizing. In the environmental justice context, digital networks are particularly well suited to diffusing information on scientifically complex issues and humanizing large-scale problems. They enable media advocacy when environmental injustices are underreported. Posts broadcast the concerns of physically isolated households and emerge as a behavioral space for those unwilling or unable to participate in more traditional protests. The scaling-up of environmental campaigns sometimes represents a second stage for environmental justice organizations that begin with local organizing and community demands. Here, a dual model emerges. Organizations leverage ongoing ties to locally situated constituencies with broad networks sustained via digital platforms [13, 14].

### **Intersectionality in Environmental Justice**

Environmental justice examines how race and class influence environmental policy, emphasizing the unequal distribution of burdens and benefits. This issue intertwines with environmental racism, necessitating an analysis of power structures and economic systems. Gender has often been overlooked, yet including it reveals important insights, especially regarding the leadership of women of color. Race, class, and gender together provide a framework to explore threats to environmental health. Social justice advocates recognize how these elements affect local experiences with environmental hazards, revealing layers of inequality that increase vulnerability in various communities. The environmental justice movement began with grassroots protests in the U.S., where marginalized residents rallied against environmental contamination. They have successfully challenged governmental decisions on hazardous facility placements through inventive organizing and coalition-building. Activists aim to create new local organizing norms, pressuring authorities for reforms and allowing marginalized voices to influence decision-making. These groups often develop complex networks and routine meetings that cultivate effective communication and shared identity, focused on justice. Environmental justice goes beyond addressing pollutants, advocating for community development and participatory democracy. This broader approach links urgent environmental concerns with community betterment. Scholars highlight the essential role women, particularly women of color, play in these grassroots movements, intertwining the fight for justice with ecological and human welfare. They view climate change as a communal challenge and work diligently to alleviate risks. Their leadership demonstrates intersectionality as they deal with multiple, overlapping threats, fostering both comprehension of risks and commitment to collective action. This intersectionality drives their ongoing involvement in environmental justice, emphasizing their

pivotal influence in effecting systemic changes. New environmental hazards spark mobilization, clearly shown in community-centric grassroots campaigns where women of color are key players. Their continuous engagement is crucial for the advancement of the environmental justice movement [15, 16].

### **Environmental Policy and Legislation**

Environmental justice is a critical movement dedicated to confronting and addressing the disproportionate placement of environmental burdens that are often borne by poor communities and communities of colour. This movement seeks to shine a light on the inequities faced by these groups and the negative impacts that arise from environmental policies and practices. Grassroots mobilization has constituted an efficacious vehicle for articulating, illuminating, and addressing these deep-seated concerns, driving efforts to create sustainable and equitable solutions. The movement has proven to be instrumental in redressing some of the multifaceted harms that extend beyond just physical health concerns. These harms encompass a wide array of impacts, including elemental, social, economic, political, institutional, and aesthetic issues that affect the quality of life for marginalized communities. By advocating for fair treatment and meaningful involvement in environmental decision-making, the movement plays a significant role in fostering a more just and equitable society for all [17, 18].

### **Challenges Faced by Grassroots Movements**

Grassroots groups defending disenfranchised places still face many challenges despite their significant accomplishments. Persistent environmental injustice is itself a primary obstacle. Changing an entrenched economic system based on the waste disposal needs of an industrial society is no simple matter. Some communities bear more than their fair share of environmental burdens, and the most dangerous or noxious facilities are inevitably sited in poor communities of color. Activist groups consistently confront the need for funding and technical analysis while engaging in protracted battles with power structures. Ironically, corporate profits depend heavily on the very narrow profit margins that make poor-quality environmental management valuable precisely to those companies and the communities that they exploit. Regulated firms consequently seek a “disposal option of last resort” that costs as little as possible. They concentrate landfilling, incineration, and hazardous-waste treatment facilities in low-income communities of color, especially those without the resources to mount organized opposition. Furthermore, limited access to decision makers means that even community ‘success’ must often be framed as ‘not in my backyard’ (NIMBY) opposition. When high-profile campaigns protect a community, no one steps forward to contest siting elsewhere. Activists typically embrace coalition-building, yet some alliances prove short lived, immature, and inefficient. Ideological differences frequently emerge, and opportunities for manipulation and cooptation may weaken efforts. Volunteer organizations also face the challenge of convincing members to continue with a campaign lacking easy or immediate victories. Expanding such organizations officially often reduces their informal character, alienates some of the original participants, and weakens overall effectiveness [19, 20].

### **Strategies for Effective Advocacy**

Effective advocacy emerges as a fundamental cornerstone of grassroots environmental justice organizing, playing a pivotal role in addressing systemic inequalities that plague our communities. Through community organizing and direct action, dedicated groups focus their invaluable resources toward confronting environmental injustices wherever they arise, championing the rights of those most affected. Informal networks facilitate the rapid dissemination of information and mobilization of support across various regions; for instance, photos taken by local activists are sent to others around the country, enabling them to monitor developments, track potential future threats, and offer vital support to one another during critical moments. These strategies encompass a wide array of activities including demonstrations, petitions, legal challenges, educational outreach, and proactive lobbying efforts at the state and federal levels to influence policy changes. In addition, the emergence of digital tools allows for widespread exposure of contamination issues; empirical evidence suggests that the strategic use of social media has produced more effective activism and significantly heightened the visibility of grassroots movements, fostering a sense of urgency and rallying broader community engagement around shared environmental concerns [21, 22].

### **The Role of Academia in Environmental Justice**

Academia has contributed to the environmental justice (EJ) movement through environmental research, education, university-community partnerships, and social activism. Scholars helped formalize EJ institutions within California State University campuses and integrated EJ principles into environmental studies departments. Tensions have arisen when academics speak on behalf of communities, which can diminish activists’ voices, the centrality of October 27, the priority of current struggles, and the movement’s diversity; ironic disciplinary constructs can perpetuate the very sexist tendencies the movement contests. Academic scholarship also helped unify the large and disparate EJ movement by

emphasizing particular voices at the expense of others. By the 1980s, many investigators sought tentative causation between ‘cancer clusters’ and surrounding toxic emissions. When activist victories failed to “go beyond the local,” these scholarly studies legitimizing environmental injustice generated a “multiplier” effect that accelerated the growth of EJ activism itself. The movement reached a turning point in the late 1980s through a dialectical process of mutual reinforcement between academic and community-based arenas: academics gained access to existing campaigns and new research venues; communities leveraged scholarship to advance current struggles. Both scholars and grassroots organizers deepened their understanding and mapping of the spatial breath and regional extent of disparate exposure and thereby sought broader conceptual terms for situating claims and surfacing demands. By the mid-1990s, academic support manifested in substantive offerings in education, research, and service. The work of academics in these areas helped grassroots organizers sustain campaigns, attract resources, and build memberships. Often these employed contested conceptions of “community”; nonetheless, discovery, invention, and dissemination of alternative knowledge, which empower subaltern groups, remain constitutive of all social movements [23, 24].

### **Global Perspectives on Environmental Justice**

Grounded solidarities between communities organized and unequally affected by environmental injustice are forming on every continent on the planet. Asian-Pacific Islander-American groups in the United States join with Pacific Islanders elsewhere in the Pacific, who link their struggles to those of other island peoples of the Arctic, the Caribbean, and the Indian Ocean both to build class-based movements and increase their influence in the United Nations (UN). A Pacific environmental justice network meets annually to support indigenous conceptions of a just relationship with the environment. The UN Environmental Programme Sustainable Development Network sponsored a Nairobi Environmental Justice conference in 1998 that brought together at least 500 organizations from Africa, the United States, and elsewhere. The intent is to consolidate the influence of local mobilizations into global environmental justice networks transnationally linked and on the social, cultural, and political bases that created these local mobilizations to begin with. Every successful environmental justice mobilization depends on grassroots organizing by the communities affected. The recognition that marginalized people have been given an unequal share of environmental risks should be empowering for those same people, and it explains the widespread reliance on grassroots organizing. Beyond building solidarity, grassroots movements provide local people with direct experience in diagnosing environmental problems and developing political strategies, they create grassroots leadership, and they raise awareness throughout the nation of the extent of the problem. Although an increasing number of grassroots groups are becoming involved, large collectivities of people those usually pardoned “mass” are yet to be brought fully into the environmental justice movement [25, 26].

### **Future Directions for Grassroots Movements**

The environmental justice movement has effectively charted a compelling path toward enmeshing complex issues of systemic racism, grassroots democracy, and sustainable development through dynamic grassroots mobilization, robust community control, and innovative alternative visions of equitable growth. The ongoing struggle for environmental justice involves numerous exemplary citizen-led initiatives that are actively seeking to transform prevailing local attitudes and entrenched practices, ultimately leading toward multi-issue coordination and collaboration. Over time, the movement has evolved into a more diffuse and fluid network of diverse groups, dedicated organizations, and varied strategies, all intricately linked through vital nodes of shared information, insightful knowledge, strategic political leverage, and a common cause that unites their efforts. Contemporary environmental justice activism remarkably reveals evolving conceptions and highly effective modes of grassroots intervention, with a strong emphasis on the transformative, nation-wide character that has significantly helped shape the political grammar of disenfranchisement, empowering communities that have historically been marginalized [27, 28].

### **CONCLUSION**

The environmental justice movement, anchored in grassroots mobilization, remains a powerful force in challenging systemic inequities in environmental policy and practice. Its strength lies in community-led efforts that assert the rights of all people to a safe, healthy, and equitable environment. By amplifying marginalized voices and fostering participatory governance, grassroots EJ movements have successfully reshaped the environmental discourse, spotlighting the central roles of race, class, and gender in shaping environmental harm. Despite significant obstacles including institutional inertia, financial limitations, and opposition from entrenched power structures these movements have achieved tangible victories, from halting toxic waste facility sitings to influencing national policy reforms. Digital platforms have further broadened their reach, enhancing communication, coalition-building, and awareness. Yet, the path



forward demands ongoing commitment to inclusive policy design, strengthened community organizing, and an unwavering focus on structural change. As environmental crises deepen, the grassroots-driven fight for justice becomes ever more essential to achieving a sustainable and equitable future for all.

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